



Digital Empowerment Magic Wand

ACTIVITY

Write a description of your ideal world and how you might contribute to creating that world.

- 1 Start by thinking about the definition of purpose:
 - ▶ Having a sense of purpose means being committed to something that is meaningful to you, but also makes a difference to something bigger than yourself. How you want to leave your mark on the world and make it a better place, how you want your life to have mattered...that's what purpose is.
- 2 Now take a moment to get centered (maybe take a few deep breaths and close your eyes) and think about the world you live in, including your home, your community and the world at large.
- 3 Imagine you've been given a magic wand, and you can change anything you want in the world. What would you want to be different and why? Now apply that to the digital world.
- 4 Ask yourself the following question: Is there anything you can do to help move the offline or online world closer to this ideal? If so, how?
- 5 Take a moment now to write down a description of your ideal world and what you might do to help create this world.
- 6 What's one step you can take today to begin working toward that vision?
- 7 Reflect on how this might help give you insights about your purpose and guide you toward creating positive change that you care about most.

SOURCE Derived from Greater Good Science Center @ UC Berkeley's GGIE website. Full educator lesson:
https://ggie.berkeley.edu/practice/magic-wand/#tab__2