



# Digital Foundations Security

## TIPS AND TRICKS

There are many security measures in place to help protect you and your information online. Take precautions by creating strong passwords and setting up 2fac authentication so your account is more secure. Make sure you are always accessing secure websites, and avoiding spammy content.

### USE STRONG PASSWORDS: THE FIRST LINE OF DEFENSE

Always use passwords that are hard to guess—they should be at least six characters long and use a combination of numbers, letters and special characters.

You should use different passwords for each of your email and social media accounts. That way, if someone learns your password, they don't have access to all of your accounts.

This may seem obvious, but don't share your password with other people—even people you are close to—and don't forget to log out when you use a friend's phone or computer.

### SET UP EXTRA SECURITY FOR YOUR ACCOUNT

If you're worried about your account being hacked or accessed without your permission, we've got your back. Turn on two-factor authentication and you'll be asked to enter an approval code every time you access your social media account from a new phone or computer. If someone other than you is trying to access your account, they won't be able to log in since they won't have the code.

### WATCH OUT FOR SCAMS OR PHISHING

Sometimes people are the target of scams on the internet. For example, you may receive messages telling you that you've won a very fancy prize, that someone needs your help, or needs you to look after their money. Scammers will usually ask for personal details like your bank account or identification number. To protect yourself from them, watch out for the following:

- ▶ People who you don't know asking for money
- ▶ People asking you for advance fees to receive a loan, prize or other winnings
- ▶ People claiming to be a friend or relative in an emergency
- ▶ Messages or posts with poor spelling and grammar errors
- ▶ Messages from people who look too good to be true